

Nuts & Bolts

February 2020 (Issue 97)



St Andrew's,

43 Kings Road, Brighton-le-Sands.

Kogarah Storehouse

People Diversity Caring Sharing God's love with the local community.

Cnr Gray and Kensington Streets, Kogarah

Contact Details

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Church Council

Alison Dain; Carolyn Gates Millin Goodman; Robert McAlpine Ern Edwards; Luisa Gaitau

Elders

John Baglin; Ese Enari Richard Goodman; Dinah Roepers Fred Gaitau; Shirley Jackson

Church Email List: Jim Vickery

Worship Services

<u>Sunday Morning Services</u> Brighton at 8:45 am Kogarah at 10:30 am

<u>Sunday Evening Services</u> (Third Sundays of the month) Kogarah 5:30 pm

<u>Ash Wednesday Service</u> Ash Wednesday February 26 Kogarah 7.30pm

Offerings by Direct Debit

Account name: Brighton Kogarah Congregation Cheque Facility BSB: 634 634 Account Number: 100011488

START THE NEW YEAR RIGHT WITH A SPIRITUAL AUDIT

Spiritual audit is one that you might like to take alone, with your spouse as well as for leadership enrichment. Take out your journal, find some alone time, sit prayerfully in the presence of God and get to work.

Look back over the last year:

Consolations: What are you most grateful for over the last year? What has been life gaining and deepened your sense of connection to God and God's purposes for you? How could you strengthen these aspects of your life?

Desolations: What has been your greatest struggle? What has been life draining and made you lose that sense of intimacy with God and your confidence in God's purposes for you? How is God speaking to you through this?

What have been the major pressures in your life and ministry? Where do you think the pressure comes? What are the underlying causes? What is one thing you could do in this next year to relieve some of this pressure?

How do the above impact your spiritual well being? Write down the positive and negative impacts of the consolations, desolations and pressures on your life and ministry. Share them with a spouse, friend, or spiritual advisor. Prayerfully consider ways you could harness this impact so that your heart could be broken open to new possibilities for a better future.

What is one new practice you could initiate in response to your last year? How could you incorporate this into your spiritual disciplines to maximize the life giving nature of these forces? Look back at your spiritual life: How has God spoken to you over this last year? Reflect on what God has said to you through prayer, scripture, the hospitality, generosity or needs and words of others, through your work and other activities. Look back through your journal. Talk to your significant other or to a good friend. What do they notice in your life that may be the promptings of God?

What rhythm do you move to? I love John O'Donohue's line May your life keep in rhythm to eternal breath. What daily, weekly and yearly events set the rhythm for your life? In what ways do these enhance your spiritual well being? In what ways do they distract you from achieving your full spiritual potential?

What gives you joy in your spiritual journey? Make a list of those aspects of your life that make you eager to get out of bed in the morning and face the day's routines. Which of these give you a joyful sense of God's presence with you throughout the day? In what ways could you enhance these aspects of your life?

Where do you sense God is currently at work in your transformation? In what areas of your life do you feel you are becoming more Christlike? What would give God the most opportunity to continue that work?

What do you do on a regular basis to nurture your spiritual life? Looking back over your consolations and desolations from the last year, what has made you feel close to God? What regular practices would nurture that closeness? What are the major distractions that interfere with regular spiritual disciplines? Now prayerfully consider what God has said to you through this process. Read back over what you wrote in your journal.

What most stands out for you as you read. Reflect on it. Spend some time



in silence listening to the still small voice of God.

Now its time to look ahead. What changes is God prompting you to make in order to further your spiritual growth: 1. In your daily or weekly commitments and rhythms?

2. In your spiritual routines?

How will you ensure that these changes are adhered to?

1. What is one new practice you would like to institute to help maintain your new resolutions?

2. What is one relationship you could nurture to provide accountability and encouragement as you walk this journey?

by Christine Sine (Godspace) Submitted by Millin

Our regular Activities resumes in February 2020

Mondays:	Prayer at Kogarah 9.30am							
Wednesdays:	Coffee Time 10.00am at Kogarah.							
<u>Thursdays</u> :	Storehouse Lunch 12 Noon-1.00pm at Kogarah.							
	Storehouse Hub 11am to 1pm (3 rd Wednesday) at Kogarah.							
	Prayer Group at Brighton 9.00am.							
	Craft Group at Brighton 10.00am at Brighton.							
	UFO Craft Group Kogarah 12.30pm Room 2 (3 rd Thursday).							
<u>Fridays:</u>	<i>Movie Afternoon</i> at Brighton 1.30pm (1 st Thursday).							
	<i>Bible Study</i> at Brighton 1 – 2pm (2 nd & 4 th Thursdays).							
	Get Crafty 1.00pm at the Storehouse (except School							
	Holidays) at Kogarah.							
	Middle Aged Discussion Group 7.30pm (3rd Friday).							

Nuts & Bolts' Note from Editor

If you have any articles or news to share in 'Nuts & Bolts', please contact me at Jennifer.j.liu@gmail.com.

Items for the March and April 2020 issue must be received by Wednesday **12 February**. *Jennifer*

Liturgical Colours								
Date	Colour							
Feb 2 – 16	Green							
Feb 23	White							
Feb 26	Purple							



Rosters – February 2020

Note: If you are unable to fulfil your rostered duty for any reason, **please arrange a swap and advise the worship leader before that week**.

					l	Brighton ros	ter						
Date	Preacher	Worsh Leader	•	Musician	Bible Reader	Welcomer	Pro	jector	Open close + Communion		Morning tea	God's Gang	
Feb 2	Barry Cupp	itt Barı Cupp		Alison & Arinona	Gordon		Marques				Pam, Fred & Sonny	Shirley & helper	
Feb 9	Penelope Brooke	Penel Broo	•	Alison & Marques	Sala	Charles/ Harry/	Sala	a/Gordo n	Dennis Gates + Schofield Family		Carolyn & Luisa	Children in	church
Feb 16	Penelope Brooke	Penel Broo	•	Alison & Arinona	Carolyn	Dennis		ephen & Dennis			Paula & Sala	Shirley & helper (One of the Gaitau girls)	
Feb 23	Penelope Brooke	Penel Broo	•	Alison & Marques	Nasa/Moan a		Gor	rdon/Por o			Ese, Marques & Moana	Children in church	
	Kogarah roster as at 5 January												
Date Time	Preacher	Worship leader	Cor	mmunion	Musician	Bible read	ing	Proje	ctor	Sound	God's Gang	Welcomer	Теа
Feb 2 1030 am	Pene Brook	Sue Baglin		-	Christine	John B		Alla	an	Jim V	All In	Dolly	Betty
Feb 9 1030 am	Pene Brook	Dinah Roepers		Richard oodman	Sue	Kim		Rob	ert	Peter de B	All In	John B	Sue de B
Feb 16 1030 am	Pene Brook	Robert McAlpine		-	Christine	Dinah		Richard		Allan	Roseline	Dinah	Dolly
Feb 16 530 pm		Pene Brook											
Feb 23 1030 am	Pene Brook	Richard Goodman	Pe	ne Brook	Sue	Jenny		Rich	ard	John	Joshua & Terry	Dorothy	Robyn McA
Feb 26 1930 pm Ash Wednesda	Pene Brook y	Pene Brook	Pe	ne Brook	Sue	Dorothy	,	Rich	ard	John	All welcome to attend at the beginning of our Lenten journe together		